Masturbation Social Story

- My Special Private Times
- My body is mine.
- I can touch myself.
- Some touches feel very good.

- I like to touch my private parts.
- But NO ONE should see me touch my private parts.
- My bedroom is a private place.
- The bathroom is a private place.

- I will close the door so I can have privacy.
- Touching my private parts is something I do when I'm alone.
- If Mom or Dad knocks on my door, I can say I'm busy.
- I can look at a magazine with pretty girls.

- It is okay for ME to touch MY OWN penis and testicles.
- My penis may go "up" This is called an erection. It is okay.
- My penis might get big and firm. This is okay. It will get soft again!
- A little sticky liquid might squirt out of my penis. This is okay. It is not pee. It is semen.

- If my penis feels sticky, I can clean off with a towel or wash cloth.
- I put my clothes on and wash my hands when I am done.
- I don't tell Mom or Dad or anyone about my special private times.
- Touching myself is one way I make myself feel good. And that's okay!